



2012 Mid-Coast Wrestling Club

Youth Wrestling Program

- Who : Any interested boys or girls grades K-4. Kids will be separated by age, weight, and experience.
- When : Tuesday and Thursday 5:00 to 6:30 starting January 3rd 2012 through mid-April 2012.
- Where : January 3rd through Thursday January 19th at Camden-Rockport Elementary School cafeteria. Starting Tuesday January 24th at Lincolnville Central School, Rt. 235 Lincolnville.

MCWC's Youth Wrestling Program offers a fun, easy, and affordable opportunity for area youth to try the sport of wrestling.

Some participants may also choose to attend the numerous youth tournaments around the state, which start on January 15th with our own Mid-Coast Wrestling Club Youth Opener at Camden-Rockport Middle School. Tournaments are usually on Sundays.

NO EXPERIENCE NECESSARY. Wrestling is a safe sport (less serious injuries per participant than soccer or basketball) that kids of all shapes and sizes can be successful in. Please come out and give it a try! There is no registration fee.

For more information: Aaron Henderson : 236-6178 / 522-5252

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Visit us on Facebook at: <http://www.facebook.com/midcoastwrestling>

NOTE: MCWC will also be sponsoring a G5-8 program. Please contact Jack Kelly at 322-6585 / jkelly@jaretcohn.com for information.