

Notes for Mount Kilimanjaro

The first known reference to Kilimanjaro was by Ptolemy of Alexandria.

Composed of three volcanoes

- Kibo - The highest point being Uhuru or Kaiser Spitze - (19,340 feet)
- Mawenzi - also known as Hans Meyer Peak - (16,893 feet)
- Shira - the oldest of the three

The word Kilimanjaro is derived from Swahili, meaning *shining mountain*.

Uhuru is the Swahili word for *freedom*.

"Hakuna Matata" (no worries) is probably Swahili's most famous phrase.

Kilimanjaro is the tallest mountain on the continent of Africa.

Kilimanjaro lies in the heart of the World Heritage Kilimanjaro National Park.

Kilimanjaro starts over a half-mile above sea level, on the hot African equatorial savannah, and climbs 3 miles straight up into the freezing cold of the glaciers around Uhuru peak.

five distinct climate zones:

- Savannah
- Montane Forest
- Heather
- Alpine Desert
- Glacial Plateau