

“Kofa Kings”



# K O F A H I G H S C H O O L

YUMA UNION HIGH SCHOOL DISTRICT #70

3100 S. Ave A • Yuma, Arizona 85364  
Telephone (928) 502-5400 • Fax (928) 502-5692

Gina Thompson  
Principal

*Our Mission: The Kofa High School community is committed to the success of all through continuous improvement of the teaching and learning process.*

August 10, 2010

Welcome Kofa Freshmen Students and Parents,

I hope that everyone had a great summer and is ready to start an awesome school year! Freshman year is the most important year of your student's high school career; building the foundation of their education.

I want to take this moment to introduce myself and tell you more about what your student will be learning in his/her Health class. I am Mrs. Marquart; I will be your student's Health teacher this semester. Throughout this semester, we will be covering a variety of topics that affect the health of teens today and throughout their lifespan. Topics that will be discussed are mental/emotional health, nutrition and physical fitness, reproductive systems, pregnancy and childbirth, Sexually Transmitted Diseases, alcohol and drug prevention. The nature of this course requires students to have a respectful and mature attitude. I will be inviting guest speakers within the community into the classroom to further educate students. If you have any questions or want further information on any of these topics, please contact me.

If you have any questions or concerns about your student's progress in the class; I can be reached by phone, email, or can meet with you personally. It is wonderful to see parents involved in their child's education. It takes parents, teachers, and the student working together to ensure student academic success. I look forward to getting to know and working with your student. I want your student to succeed this freshmen year, while getting the most out of their high school experience.

Please sign and date in the space below, so that I can know that you have read and understand the topics covered in this class and you give permission for your student(s) to participate in this course.

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Sincerely,

Mrs. Marquart  
Health/PE Instructor  
Kofa High School  
928-502-5459  
[dmarquart@yumaed.org](mailto:dmarquart@yumaed.org)

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Lisa Anderson  
Assistant Principal

Frank Garcia  
Assistant Principal

Mike Sharp  
Assistant Principal

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