

# Health Syllabus

Kofa High School

Instructor--Mrs. Marquart—502-5459 or dmarquart@yumed.org

Room 601

## **Course Purpose and Description:**

Health is designed to provide factual information to the students so he/she will be able to make well, thought-out decisions on issues that will affect their health now and in the future. Throughout the semester students will gain knowledge on various health topics and acquire helpful tools to manage, maintain, and improve their overall health and wellness. Our main goal is for students to take what they have learned in their health class and use it out in the community and beyond high school.

## **Course Materials:**

Students will need to provide the following materials:

Notebook

Pocket Folder

Pencils and Pens

Students will be issued a student textbook for their use at home. Students are responsible for all fees due to damaged, lost or stolen textbooks.

## **Student's Code of Conduct**

It is my expectation that **ALL** students will be held accountable to the following standards:

1. Come to class everyday, on time, and prepared to learn.
2. Do not interfere with the teacher's right to teach, or any student's right to learn.
3. Have cell phones and electronics turned off and put away.
4. Raise your hand to speak.
5. Only water is allowed into the classroom. Gum, food, and soda are not allowed.
6. Treat your classmates, teacher(s), and class materials with respect. Disrespect of any kind will not be tolerated.

Any disregard for these standards will result in detention, a phone call home, and or referral to the principal's office.

## **Course Outline:**

Topics covered throughout the semester include but are not limited to the following:

1. Healthy Foundation
2. Mental & Emotional Health
3. Physical Activity & Nutrition
4. Healthy Relationships
5. Reproduction
6. Pregnancy, prenatal Care, and Childbirth
7. Growth and development

- 8. Tobacco, Alcohol, and Other Drugs
- 9. Diseases & Disorders (STD's)
- 10. First Aid

**Assignments:**

Assignments are to be completed and turned in on the assigned date. Assignments are graded and posted on a weekly basis; students will have five days to turn in any missing work. All late work automatically receives a 50% of the total grade. Incomplete work will not be accepted. Assignments with no name will receive 0 points. Any missed assignments or tests due to an **excused** absence can be made up the day you get back to school. Excused absences are those that are school functions such as a club activity, sporting event, or meeting with counselor or administration (note needed). It is the student's responsibility to talk to their teacher about making up these assignments! These assignments can be made up after school.

**Grading:**

Points will be accumulated on daily assignments, quizzes, tests, participation, conduct and attitude, and homework. Student's grades will be updated and posted at the beginning of each week. **All tests and final grades will be based on the following percentage.**

**Grading scale:**

A= 90-100%  
 B= 80-89%  
 C= 70-79%  
 D=60-69 %  
 F=59% or below

**Semester Grade Breakdown**

1<sup>st</sup> & 4<sup>th</sup> Grading Period = 30%  
 2<sup>nd</sup> & 5<sup>th</sup> Grading Period = 25%  
 3<sup>rd</sup> & 6<sup>th</sup> Grading Period = 30%  
 Final Exam = 15 %

**Attendance:**

Students can have no more than 5 unexcused absences from class in order to receive credit. If students have more than 5 unexcused absences, students must attend Saturday school to make up excessive absences. Saturday school is offered the last 5 Saturday's of each semester. ***I do not offer a teacher make up option.***

**Medical Excuses:**

Should a student be absent due to a medical reason, doctor appointments, illness, or hospitalization, he/she will need a note from an Arizona Certified Medical Doctor submitted to the school nurse. Students have 30 days to submit medical excuses to the nurse's office in order to excuse an absence.

**This syllabus must remain in your folder at all times.**

**Teacher Copy**

Please sign after **thoroughly reading all sections**. Let me know if you have any questions or concerns with anything stated above.

Show this to your parents and have them sign and date it. **Your parent's signature is required**. This syllabus must be turned in for 25 points towards your grade.

STUDENT signature: \_\_\_\_\_ Date: \_\_\_\_\_

I have read and understand all of the material provided to me on the course syllabus. I understand, that by signing this I am responsible for providing my own notebook, pocket folder, and writing utensils. I understand the Medical Excuse requirements, Attendance Policy, Grading Policy and all class expectations.

PARENT signature: \_\_\_\_\_ Date: \_\_\_\_\_

PARENT QUESTIONS/COMMENTS (Please offer an email or phone number where you can be reached)