

2019 VNSNY CHOICE

Medicare and FIDA Benefits Training

2019 VNSNY CHOICE Plans & Changes

3 MA Products terminated in 2019







VNSNY CHOICE will offer one MA Product in 2019:



Who is Total designed for?

CHOICE Total HMO Special Needs Plan (SNP) is designed for individuals with long-term needs who require day-to-day assistance to remain safely in their home. It fully integrates the benefits of our Managed Long Term Care (MLTC) plan and a Medicare Advantage plan into one comprehensive program. It also includes extra benefits like coverage for over-the-counter (OTC) health items and acupuncture, all at \$0 cost.

The Total Plan is a Medicare Advantage and Medicaid Advantage Plus Plan (MAP).

VNSNY CHOICE will continue the FIDA product in 2019



Who is FIDA Complete designed for?

CHOICE FIDA Complete combines **all** the benefits of Medicare and Medicaid for people who need long term care. It covers doctor visits, hospitalizations, prescription drugs, mental health, social services and more. It also includes extra benefits like coverage for over-the-counter (OTC) health items and acupuncture, all at \$0 cost.

The FIDA Complete Plan is a Medicare-Medicaid Plan. (MMP)

Medicare
Advantage
(MA)
plans are:

- Private insurance plans also known as Medicare Part C
- Offered to beneficiaries eligible for Original Medicare (Part A & Part B) who live in the plan's service area.
- Beneficiaries with End Stage Renal disease cannot join a Medicare Advantage plan, with some exceptions.*

* If a beneficiary develops ESRD while in a plan, they may stay in the plan or join another plan offered by the same company.

Beneficiaries can get Medicare Coverage through one MA plan:

- Medicare Part A
 (Hospital/Inpatient)
- Medicare Part B
 (Medical/Outpatient)
- Medicare Part D*
 (Prescription Drug Coverage)

*MA plans that offer Part D are MA-PD plans. Our Total plan is an MA-PD plan.

Beneficiaries can get extra benefits not covered by Medicare such as:

- Vision
- Over the Counter (OTC)
 Health Products
- Health and Wellness Education
- Worldwide Coverage
- Acupuncture
- Dental
- Hearing (Audiology)

Election Periods

Election Periods

Initial Election Period (IEP)

Applies to those New to Medicare:

Can join a Medicare Advantage Prescription Drug Plan (MA-PD) or Stand Alone Part D Prescription Drug Plan (PDP)

A 7-month period from 3 months before the month you turn 65 to 3 months after

1 2 3 Month you 1 2 3

Month Month Month Month Month Month Month Month

Election Periods

Annual Election Period (AEP)

October 15 - December 7
Can join, drop, or switch coverage

Election Periods

New for 2019

MA Open Enrollment Period (MA OEP)

- Takes place from January 1 March 31 of each year (beginning in 2019)
- During the MA OEP, those enrolled in a Medicare Advantage plan
 - May change to another MA plan or
 - Dis-enroll from their plan and return to Original Medicare and enroll in a Part D Plan.

Note: The MA OEP **does not** provide an opportunity for an individual enrolled in Original Medicare to join an MA plan.

Election Periods

New for 2019

Special Election Period (SEP)

For Dual eligible and Low Income Subsidy Individuals

Dual Eligible beneficiaries (those with Medicare and Medicaid) and those with **Low Income Subsidy (LIS)** who are not Dual Eligible have a Special Election Period with limitations starting in 2019. (See following slide)

Election Periods

New for 2019

Special Election Period (SEP)

For Dual eligible and Low Income Subsidy Individuals

This SEP allows an individual to enroll in or dis-enroll from an MA plan once per calendar quarter for the first nine months of the year. This SEP can be used once during each of the following time periods:

- January March
- April June
- July September

It may not used in the 4th quarter of the year. (October – December.

Annual Changes to Benefits

Annual Changes to Benefits

Medicare benefits change on an annual basis The plan may change the benefits under CMS guidelines to:

- Change or reduce the cost-sharing for some benefits
- Add/Remove supplemental benefits

Rates for premiums and deductibles and Supplemental benefits for MA plans change yearly.

Annual Changes to Benefits

Annual
Notice of
Change
(ANOC)

The plan mails an ANOC to enrollees in September of each year that includes any changes in coverage, costs, or service area that will be effective in January. Mailing also includes:

- Evidence of Coverage (Member Handbook)
 Total members receive Summary of Benefits in
 September. Member Handbook is mailed in December.
- Formulary
- Evidence of Coverage for Extra Help (if applicable)

Note: Provider Directories are no longer mailed with the ANOC but are available online and mailed upon request.

VNSNY CHOICE Medicare

Total HMO SNP

2019 Total Plan

VNSNY CHOICE Total (HMO SNP)

Plan Description:

HMO Special Needs Plan (SNP) designed for individuals with long-term needs who require day-to-day assistance to remain safely at home.
Assessment is performed by a nurse to determine long term care needs.

Fully integrates the benefits of our Managed Long Term Care (MLTC) plan and a Medicare Advantage plan into one comprehensive program known as Medicaid Advantage Plus. (MAP)

Eligibility:

- Have both Medicare and Medicaid
- Be 18 years of age or older
- Not have End Stage Renal Disease at time of enrollment*
- Live in the service area: Bronx, Brooklyn, Manhattan, Queens Staten Island, Nassau, Suffolk and Westchester County
- Able to stay safely at home at the time of enrollment
- Require care management and expected to need at least one of the following long term care services more than 120 days from time of enrollment. (See following slide)

*Exception: Enrollee has ESRD and is enrolled in our MLTC plan and didn't have CHOICE Medicare product or Enrollee has ESRD and is enrolled in one of CHOICE Medicare products

VNSNY CHOICE Total (HMO SNP)

Managed Care Long Term Care Services include:

- Skilled Nursing services or therapies in the home
- Personal care services in the home
- Adult day health care
- Private Duty Nursing
- Consumer Directed Personal Assistance Service

VNSNY CHOICE Total (HMO SNP)

Total Plan Service Area:

- Brooklyn (Kings County)
- Bronx (Bronx County)
- Manhattan (New York County)
- Queens (Queens County)

- Staten Island (Richmond County)
- Nassau County
- Suffolk County
- Westchester County

VNSNY CHOICE 2019 Total Benefits

VNSNY CHOICE Total covers

All services under Original Medicare including:

No co-pay for Medicare covered services including doctor visits, inpatient/outpatient care, home health care, vaccines

Additional benefits for 2019 include:

- Acupuncture 10 visits per year
- \$100 Over the Counter (OTC) monthly benefit (Does not roll over)
- Routine podiatry visits (4 per year)
- Routine Hearing exam and up to \$1,000 coverage limit for hearing aids every three years, limited to \$500 maximum per ear (one right, one left)
- Routine eye exams and \$200 toward eyeglass frames and lenses or contact lenses every year
- \$50,000 annually for Worldwide Coverage for emergency services and urgent care

VNSNY CHOICE 2019 Total Benefits

2019 Changes

Benefit	2018	2019
Health Club	Silver Sneakers	None
Over the Counter (OTC)	\$94 monthly credit	\$100 monthly credit
Acupuncture	12 visits per year	10 visits per year

VNSNY CHOICE Medicare-Medicaid

FIDA Complete

2019 FIDA Complete Plan

VNSNY CHOICE FIDA Complete (MMP)

Plan Description:

Managed Care Plan that contracts with both Medicare and the New York State Department of Health (Medicaid) to provide benefits of both programs to participants through the Fully Integrated Dual Advantage (FIDA) Demonstration.

It is for people with both Medicare and Medicaid and who meet other eligibility requirements for the FIDA Demonstration.

Eligibility:

- Must be 21+ to enroll
- Live in Service Area: Bronx, Brooklyn, Manhattan,
 Queens Staten Island and Nassau county
- For people who have both Medicare and Medicaid and need long term care services
- Must require more than 120 days of long term care services
- Includes all Medicare, Medicaid and long term care services and newly carved in medical and behavioral health benefits
- Must enroll through Maximus, which the New York
 State Enrollment Broker

VNSNY CHOICE FIDA Complete (MMP)

FIDA Plan Service Area:

- Brooklyn (Kings County)
- Bronx (Bronx County)
- Manhattan (New York County)
- Queens (Queens County)
- Staten Island (Richmond County)
- Nassau County

VNSNY CHOICE FIDA Complete (MMP)

2019 Changes

Benefit	2018	2019 Change
Physical	Limited to 20 visits per	40 visits per year for
Therapy/Occupational	year per therapy.	PT; 20 visits per year
Therapy/Speech		for OT and ST
Therapy		respectively

VNSNY CHOICE 2019 FIDA Complete and Total Plans

Feature	FIDA Complete	Total
Age Eligibility	21+	18+
Service Area	Brooklyn, Bronx, Manhattan, Queens,	Brooklyn, Bronx, Manhattan, Queens,
	Staten Island and Nassau County	Staten Island, Nassau, Suffolk and
		Westchester
OTC Benefit		
	\$100 monthly	\$100 monthly
Vision Benefit	\$0 eyeglasses or contact lenses every 2	\$200/eyeglasses or contact lenses
	years	every year
Transportation Benefit	Unlimited to medical and non-medical	Unlimited to medical appointments. May
	appointments	be eligible for CFCO non-medical
		transportation.
Acupuncture	12 visits per year at \$0 copay	10 visits per year at \$0 copay
Prescription Drug Benefit	\$0 copay for Brand and Generic Drugs	\$0 copay for Brand and Generic Drugs

VNSNY CHOICE Network

VNSNY CHOICE Network

Network Requirement VNSNY CHOICE Medicare covers services obtained from our comprehensive network of providers—doctors and other medical professionals, hospitals and other health care facilities within the VNSNY CHOICE Medicare Advantage service area. Cost sharing applied accordingly.

VNSNY CHOICE 2019 Vendors

Benefits Vendors

VNSNY CHOICE 2019

Vendors

- Pharmacy (MedImpact)
- **Vision** (Superior Vision)
- **Hearing Aids** (Hear USA)
- **Dental** (Healthplex)
- OTC (InCom)
- Acupuncture and Chiropractic (Evicore)

VNSNY CHOICE 2019

Vendors

Preferred Vendor for Diabetic Supplies

VNSNY CHOICE 2019

Ascensia/Bayer

Vendors

- VNSNY CHOICE chosen brand for diabetes monitoring and testing supplies when obtained at an in network pharmacy
- All other branded products **will require** plan approval for coverage.

Medicare
Prescription Drug
Coverage
(Medicare Part D)

Medicare Prescription Drug Coverage (Medicare Part D)

Part D

Coverage Gap Cost Sharing in 2019

- Medicare Coverage Gap is being gradually phased out as part of the 2010 Health Reform Law.
- Beneficiaries without Extra Help* whose Total Drug costs reach \$3820 will pay for 25% of plan's cost Brand Drugs and 37% for Generic Drugs in the Coverage Gap.
- Dual eligible members or those with Full Low Income Subsidy (LIS) are not responsible for additional cost share during Coverage Gap.

* Also known as LIS (Low Income Subsidy)

Medicare Prescription Drug Coverage

(Medicare Part D)

Part D

For **Dual Eligible** beneficiaries (Medicare and Medicaid) and beneficiaries with **Full Low Income subsidy**:

- Member pays \$0 or small copay during the Initial Coverage which depends on their level of Medicaid.
- There is **no** Coverage Gap for these members.

Part D

VNSNY CHOICE Medicare

Prescription Drug Coverage
is currently administered by

MedImpact

2019 VNSNY CHOICE Medicare Formulary

- List of prescription drugs covered by the plan
- Brand named drugs are in Upper case and generic drugs in lower case
- Total and FIDA Complete each have their own formulary.
- Beneficiaries must use in-network pharmacies to obtain their prescription drugs

2019 Total Formulary

In 2019, there will be a 5 tiered* Formulary for the Total plan. Because members of this plan are Full Benefits Dual Eligible (FBDE) Beneficiaries Receiving Home and Community Based Services, they pay \$0 for both Generic and Brand name drugs, regardless of the tier.

* Known as Actuarially Equivalent

2019 FIDA Formulary

In 2019, the FIDA plan will have an Enhanced Alternative Formulary with 4 tiers. Because members of this plan are Full Benefits Dual Eligible (FBDE) Beneficiaries Receiving Home and Community Based Services, they pay \$0 for both Generic and Brand name drugs, regardless of the tier.

Prescription Drug
Coverage:
Enrollee's Rights

Enrollee's Rights

Coverage Determination consists of determinations for:

- Formulary exception to cover a drug that is not on the formulary list
- Drugs requiring Prior Authorization, Step Therapy or Quantity Limits
- Providing a non-preferred drug at a lower copayment

Enrollee's Rights

Formulary Exception

- Members and providers can request formulary exception
- Plan is contacted to ask for a coverage determination
- Providers must provide supporting evidence for request
- Decision for standard requests are made within 72 hours; 24 hours for urgent requests

Enrollee's Rights

Transition Period

Allows access to non-formulary drugs and formulary drugs requiring prior approval so that the member has sufficient time to work with prescriber & plan to switch to a formulary drug or request an authorization if required or a formulary exception.

- A new member's transition period is the first **90** days from their enrollment effective date.
- Within that 90 day transition period, a new member may get a 31 day supply of a non-formulary drug that is already being taken by the member or a drug that is on formulary but is subject to coverage limitations such as PA, ST, or QL.

Enrollee's Rights

Transition Fill

- Up to a 31 day supply of a non-formulary drug that is already being taken by the member or a drug that is on formulary but is subject to coverage limitations such as PA, ST, or QL.
- Unless drug was removed for safety reasons, all Medicare Part D drug plans must cover transition fills for:
 - New members that have been taking a drug that is not listed on the formulary or a drug that is on formulary but is subject to coverage limitations such as PA, ST, or QL.
 - Continuous members that are impacted by the plan removing drugs in the formulary or adding a coverage restriction (such as PA, ST or QL)

Plans are required to mail members a written notice within three business days of the transition fill

Enrollee's Rights

Transition Fill

NYS Medicaid covered drugs that FIDA Complete doesn't cover – These are still provided as 90 day supply temporary fill (regardless of setting).

You can learn a lot more about our Medicare plans and benefits by visiting our website at:

http://www.vnsnychoice.org/

Thank you for completing the **2019 VNSNY CHOICE Medicare and FIDA Benefits** e-learning module!