### Comparison of Religions

Eastern (Indian-Hinduism, Buddhism, and Jainism) and Western (Judaism, Christianity, Islam) Religions

Pravin K. Shah

Jain Study Center of North Carolina 401 Farmstead Drive, Cary NC 27511-5631

E-mail: pkshah1@ibm.net

Website: www.jainism.org

### Eastern (Indian) Religions Hinduism, Buddhism, and Jainism

- Common Features:
  - **▶** Philosophy of Karma
  - **►** Continuity of Life (Reincarnation)
  - **► Mystical (Human Experience)**
  - **▶** Self Realization (Direct contact with God/Self)
  - **►** Individual
  - **▶** Freedom to choose God(s)/no-God
  - **► Human Suffering Soul's Ignorance**

#### Eastern (Indian) Religion Hinduism, Buddhism, and Jainism Common Features (continued):

- **▶** No Judgment Day
- **▶ No Eternal Hell/Heaven**
- **►** Liberation (Moksha)- Eternal
- **▶** Scripture Has Limited/No Authority
- **►** Worshipping All Day
- **▶** Universe Exists in Endless Cycle
- **▶** Religious Symbols (OM, Swastika, Lotus)
- **▶** Cremation
- Systems of Philosophy Developed
  - **▶** Brahmana System (Hinduism)
  - **▶** Samana System (Jainism, Buddhism)

### Brahmana System (Hinduism)

- **■** God Creator, Preserver, Destroyer (Cyclic)
- God is universe and universe is God (synonymous)
- At liberation, soul merges with God (soul becomes infinity)
- Scriptures have certain authority (Vedas)
  - ▶ Vedas, Upanishads, Geeta, Brahma Sutra
  - **▶** Scriptures are in Sanskrit
- Highly Ritualistic (elaborate and fancy)
- Animal sacrifice in the past
- Duties of Individuals (Caste Systems)

### Philosophy of Brahmana System (Hinduism)

- Yoga
- Samkhya
- Nyaya
- Vaisesika
- Earlier Mimasa
- Later Mimasa (Vedanta)
  - **▶** Saivism, Saktism, Vaisnavism, Liberalism

# Brahmana System (Hinduism) Primary Paths:

- Path of Devotion or Surrender (Bhakti Yoga)
  - **▶** Enjoyment of Supreme Love and Bliss
- Path of Knowledge (Jnan Yoga)
  - **▶** Realization of unique and supreme self
- Path of Action (Karma Yoga)
  - **▶** Dedication of every human activity to supreme will
- Path of Self Control/Meditation (Raj Yoga)
  - ► Liberation through the perfection of body, thought, emotion and consciousness

# Brahmana System (Hinduism) Caste Systems (Duties of Individuals)

- Priests-intellectuals (Brahmins)
  - **▶** establish and preserve the national ideas and philosophy
- Rulers and warriors (Kshatriyas)
  - **▶** to protect the state from external aggression and establish internal order
- Merchants and artisans (Vaishyas)
  - **▶** for the production of national wealth
- Sudras
  - **to do the menial work**

# Brahmana System (Hinduism) Duties at various stages of Life:

- Student life
  - preparative period
- Householder life
  - worldly success: wealth, fame and power
- Retirement life
  - **▶** satisfaction of service to community and fellow man
- Renunciation life
  - **▶** renunciation of possessions and family for realization of true self

# Shramana System (Buddhism and Jainism)

- **God Not a Creator**
- Humans are capable to achieve the highest spiritual state
- Human experience or self realization is the ultimate authority
- Scriptures have no authority (guide)
- Primary Path
  - **▶** Path of Knowledge (Jnan Yoga)
  - **▶** Realization of unique and supreme self through knowledge
- Self control, nonviolence, penance, and meditation
- Revolt against Hindu caste distinction, fancy rituals, and animal sacrifice

#### **Buddhism:**

- The Supreme is completely transcendent and can be described as:
  - ▶ Sunya (zero), a void, an emptiness, state of non-being
- At nirvana,
  - **▶** Being turns into a state of non-being, emptiness void, or Sunya
  - **▶** Being looses its identity and becomes nothing
  - ► The future vanishes, the past vanishes, and one lives at the present moment
- In Samsar (world) a being is a combination of physical and mental forces/energies
- Desire "thirst" to be and to become is the root cause of suffering and rebirth
- Life's aim is to end suffering through Nirvana, which is
  - **▶** passionless peace, perfect insight, enlightenment, perfect knowledge, immortality

#### **Buddhism:** (continued)

- Man's true nature is divine and eternal
- Preaching -
  - ► The greatness of self giving love and compassion towards all creatures
  - ► Middle path consist of living moderately and avoiding extremes
- Scriptures -
  - ► Tripitika for Theravad sect, Sutras for Mahayan sect
  - **►** Written in Pali language (vernacular)

#### Jainism:

- God is a pure consciousness or perfected soul without any karma attached to it
- The primary goal is to become a perfected (liberated) soul, known as Siddha or God
- At liberation the soul remains finite, lives in Moksha forever, and never loses its identity
- Every living being is eternal, individual, and capable of becoming perfect
- **■** The path of liberation is to follow:
  - **▶** right perception, right knowledge, and right conduct
- One must conquer one's desire by one's own effort to attain liberation

### Jainism: (continued)

- Our intention behind our actions of body, mind, and speech bind karma particles to us in this world
- Nonviolence followed in action, thought, and speech is the highest religion
- Self purification, penance, austerity, and meditation are essential for liberation
- **■** Scriptures -
  - **▶** Agam Sutras
  - **▶** written in Ardha-magdhi language (vernacular)
  - ► Scriptures guide moral and spiritual life to ultimately attain liberation

# Western Religions (Judaism, Christianity, and Islam)

- Common Features
  - **▶** One Life and Eternal Judgment
  - **▶** Judgment Day
  - **► Eternal Hell/Heaven**
  - **▶** One God
  - **▶** God's Message Revealed Through Prophet
  - **▶** Non-mystical (God chooses Prophet)
  - **▶** Congregational (Society is Essential)

### Western Religion (Judaism, Christianity, Islam) Common Features (Continued)

- **▶** Scripture has Ultimate Authority
- ► Human Suffering Disobedience of God's Will
- **► Worshipping Sabbath Day**
- **▶** Universe was Created By God
- **Systems of Philosophy** 
  - **▶** Judaism, Christianity, and Islam