

Document A- Buddhist Beliefs.

The Four Noble Truths form the first part of the Buddha's teachings.

1. Life is suffering.
2. The origin of suffering is desire.
3. Ceasing desire will end suffering.
4. The Noble Eightfold Path will end suffering.

The Noble Eightfold Path has eight steps:

1. Right understanding of the Four Noble Truths
2. Right thought thinking good, kind thoughts
3. Right speech using kind words and not telling lies
4. Right action not killing or stealing; looking after others
5. Right work or livelihood doing a job that does not harm others
6. Right effort working hard to do good things
7. Right mindfulness thinking before you act or speak
8. Right concentration using meditation to train your mind to be calm and focused

Questions:

1. What does Buddhism say about treating others?
2. What is the goal of Buddhism?
3. According the document, describe how a person should live their life.
4. Who is the ultimate authority?

Document B- 10 Commandments

The Ten Commandments

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| 1. Thou shalt have no other gods before me. | 5. Honor thy Father and thy Mother |
| 2. Thou shalt not make unto thee any graven images. | 6. Thou shalt not kill. |
| 3. Thou shalt not take the Lord's name in vain. | 7. Thou shalt not commit adultery. |
| 4. Remember the Sabbath Day to keep it holy. | 8. Thou shalt not steal. |
| | 9. Thou shalt not bear false witness. |
| | 10. Thou shalt not covet thy neighbor's house, wife or possessions. |

Questions:

1. What is the purpose of the 10 commandments?
2. What do the 10 commandments say about treating others?
3. What is the goal of the 10 commandments?
4. According the document, describe how a person should live their life.
5. Who is the ultimate authority

Document C- Five Pillars

Daily expression of faith (shahada)

Shahada is the first of the five pillars. Shahada is the Muslim profession of faith, expressing the two simple, fundamental beliefs that make one a Muslim:

There is no god but God and Muhammad is the prophet of God.

Daily ritual prayer (salat)

The second of the five pillars is called salat, Muslim prayer. Salat is performed five times a day: at dawn, midday, afternoon, sunset and evening. It's always directed in the direction of the Ka'ba shrine in Mecca. A prayer mat, sajjada, is commonly used during salat. Salat may be performed individually, but it carries special merit when done with other Muslims. The focal prayer of the week is the midday prayer at the mosque on Fridays.

Giving to the poor (zakat)

Almsgiving is a central activity in Islam. The Quran explicitly requires it and often places it alongside prayer when discussing a Muslim's duties.

Fasting during the month of Ramadan (sawm)

Sawm (also siyam), fasting, commemorates the revelation of the Quran to humanity during Ramadan, the ninth month of the Islamic year. During Ramadan, all adult Muslims are required to abstain from food, drink and sexual intercourse during daylight hours. Exceptions are made for travelers, soldiers, menstruating women, and the ill, although such persons are expected to fast later when they become able.

Pilgrimage to Mecca (hajj)

At least once in his or her lifetime, each Muslim is expected to undertake a pilgrimage to Mecca, the sacred city of Islam. This holy journey is called the hajj in Arabic. While a visit to Mecca is beneficial any time of the year, it must take place during the month of Dhu al-Hijja (the last month of the Islamic year) to fulfill the requirements of the hajj.

Questions:

1. What is the purpose of the 5 Pillars?
2. What do the 5 Pillars say about treating others?
3. According the document, describe how a person should live their life.
4. Who is the ultimate authority?

What are the similarities among Buddhism, Christianity, and Islam?

Chart

Choose all that apply.

	8 fold path	10 commandments	Five pillars
There is a higher authority than humans.			
To complete one's faith one must travel.			
Deals with human actions.			
Requires prayer.			
Proper guidelines when interacting with others.			
Defines measurable (observable) actions.			

What are the similarities among Buddhism, Christianity, and Islam? Support your claim with evidence from the text.