

What Are My Learning Strengths?

Direction: Read each statement and check those that reflect your learning strength. Total each box.

Verbal/Linguistic Intelligence. ☐ I enjoy word games (e.g. Scrabble, Crossword Puzzles). ☐ I read books just for fun. ☐ I am a good speller (most of the time). ☐ If I have to memorize something, I create a rhyme or saying to help me remember. ☐ If something breaks and won't work, I read the instruction book first. Total number of checks _____	Logical/Mathematical Intelligence ☐ I really enjoy my math class. ☐ I like logical math puzzles or brain teasers ☐ I find solving math problems to be fun. ☐ If I have to memorize something, I tend to place events in logical order. ☐ If something breaks and won't work, I look at the pieces and try to figure out how it works. Total number of checks _____
Visual/Spatial Intelligence ☐ I prefer a map to written directions ☐ If I have to memorize something, I draw a diagram to help me remember. ☐ I like to draw and create. ☐ In a magazine, I prefer to look at the pictures rather than reading the text. ☐ If something breaks and won't work, I tend to study the diagram of how it works. Total number of checks _____	Bodily/Kinesthetic Intelligence ☐ My favorite class is physical education since I like sports. ☐ When looking at things, I like touching them. ☐ I have trouble sitting still for any length of time. ☐ If I have to memorize something, I write it out a number of times until I know it. ☐ If something breaks and won't work, I tend to play with pieces to try to fit them together. Total number of checks _____

Retrieved and adapted from: <http://www.ldrc.ca/projects/miinventory/mitest.html>

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Musical/Rhythmic Intelligence ☐ I enjoy listening to music. ☐ I tend to hum to myself when working. ☐ I like to have music playing when doing homework or studying. ☐ If I have to memorize something, I like to create a rhyme about the event. ☐ If something breaks and won't work, I tend to tap my fingers to a beat while I figure it out. Total number of checks_____	Interpersonal Intelligence ☐ I get along well with others. ☐ I like helping teach other students. ☐ I like working with others in a group. ☐ If I have to memorize something, I ask someone to quiz me to see if I know it. ☐ If something breaks and won't work, I try to find someone who can help me. Total number of checks_____
Intrapersonal Intelligence ☐ I like to work alone without anyone bothering me. ☐ I am strong-willed, independent and do not follow the crowd. ☐ I don't like crowds. ☐ If I have to memorize something, I tend to close my eyes and visualize the information. ☐ If something breaks and won't work, I wonder if it's worth fixing. Total number of checks_____	Naturalist Intelligence ☐ I love to go walking in the woods and looking at the trees and flowers. ☐ I like to collect things (e.g., rocks, sports cards, stamps). ☐ If I have to memorize something, I tend to organize it into categories. ☐ I enjoy learning the names of living things in our environment, such as flowers and trees. ☐ If something breaks down and won't work, I look around me to try and see what I can find to fix the problem. Total number of checks_____

Directions: Color in the total number of boxes checked for each Multiple Intelligence.

Verbal /Linguistic					
Mathematical/Logical					
Visual/Spatial					
Bodily/Kinesthetic					
Musical/Rhythmic					
Interpersonal					
Intrapersonal					
Naturalist					