

Service Order ID:

Member:

Date of Birth:

Age:

Gender:

Member ID:

PRI-ME:

40

Female

SO Status:

Medical Status:

Program:

Referring Physician:

Primary Specialty:

Case Specialty:

Open

RN Review

CIGNA SI-PPO/OAP

WESTMORELAND, GREG

SURGERY-ORTHOPEDIC

Spine Orth

Cigna Site of Care

Nurse Job Aid

Notes

Find | View All | First | 8 of 8 | Last

Note Type:

INTERNAL NOTE

All Notes

*Template ID:

Select Note Text

*Summary:

Nurse Reviewer Note

Details:

Added:

Delete

Attach a File

Add Note or Attachment

Delete Note

Date Time Stamp

Clinical Notes History

UM Product:

HI-TECH

Member:

TX

Physician:

TX

Facility:

TX

Tax IDs Match

Policy State:

NY

Fund Type:

Self Insured

Jurisdiction State:

TX

Status:

Pending

Type:

Web

Case Type:

Standard

DOS

Expand All

Collapse All

CPT/ICD

Activities

History

Clinical Advantage

Saved Notes

Mem. Phys. Fac.

Service

Bottom

Notes

Uploads

CPT, ICD, Guideline

CPT Info

Member Rational Text

| Dup | Service Group Name | Unit | CPT | Description | *Status | Rationale | Repost | Provider Language | Member Language | Modifier | BodyPart | Description | |
|--------------------------|--------------------|------|--------|--|----------|-----------|--------|-------------------|-----------------|----------|----------|-------------|-----|
| <input type="checkbox"/> | | 1 | 73721 | MRI Lower Extremity, any joint; without contrast material(s) | Pending | | Repost | | | RT | | | + - |
| <input type="checkbox"/> | | 1 | SOCCPT | SOCCPT | Approved | SOCAPP | Repost | Approved | Approved | | | | + - |

Approve All

Deny All

Duplicate CPT

Status Pending

RN-Rationale Decision Tool

Post Decision

*ICD-10 Code

ICD Description

| | | | |
|---|----------|---|-----|
| 1 | M25.561 | PAIN IN RIGHT KNEE | + - |
| 2 | S83.91XA | SPRAIN OF UNSPECIFIED SITE OF RIGHT KNEE, INITIAL ENCOUNTER | + - |

Get Default Guidelines

Guidelines Required

Change Specialty

Case Specialty

Spine Orth

Guideline Names

GuideLine Name

Description

| | | | |
|---|--|--|-----|
| 1 | | | + - |
|---|--|--|-----|

Notes

Activity History

| Step | Activity | Status | Start | End | Assigned Group | |
|-----------------------------|--|---------------|-------------------|-------------------|--------------------|-----------------|
| <input type="checkbox"/> 10 | Initiate Request | 3 - Completed | 08/22/2024 3:09PM | 08/22/2024 3:09PM | Intake Workgroup | WEBUSER WEBUSER |
| <input type="checkbox"/> 20 | Process Request | 3 - Completed | 08/22/2024 3:09PM | 08/22/2024 3:10PM | Intake Workgroup | WEBUSER WEBUSE |
| <input type="checkbox"/> 30 | RN Review | 2 - Started | 08/22/2024 3:10PM | | RN Workgroup | |
| <input type="checkbox"/> 40 | MD Review | 1 - Queued | | | MD Priority Work | |
| <input type="checkbox"/> 50 | NU Wrap Up | 1 - Queued | | | Eliza Notification | |
| <input type="checkbox"/> 60 | Notify Member of Decision - SilverLink | 1 - Queued | | | NU Member Noti | |

Do Next Activity

Activity:

Step Number

Insert Activity

All Activities

Cancel Selected Activities

Cancel Service Order

Member History Information

Claims Summary

1

3

Medical Status:

Pending

Created:

08/22/2024

Member:

SO Status:

Open

Auth Start:

Physician:

Auth End:

Facility:

TEXAS ORTHOPEDICS SPORTS & REHABILITATION ASSOCIAT

Status

CPT

Rationale

| | | | |
|---------|--------|--|-----------------|
| Pending | 73721 | MRI Lower Extremity, any joint; without contrast material(s) | |
| | SOCCPT | SOCCPT | SOCAPP Approved |

ICD Version

ICD ID

| | | |
|----|----------|---|
| 10 | M25.561 | PAIN IN RIGHT KNEE |
| 10 | S83.91XA | SPRAIN OF UNSPECIFIED SITE OF RIGHT KNEE, INITIAL ENCOUNTER |

Clinical Advantage

View/Edit Survey

Call Tier2 PRI-ME/ Update Survey Status

Eligible N

In Worklist:

Survey:

P4/ PRI-ME Tier 1: Normal

PRI-SM/Survey Status:

PRI-ME Tier 2:

Notes

Upads Survey Information

Restart UPADS Pathway from the beginning

Add/ Edit/ View Upads Survey

View Survey

Eligible: Y

Survey Status: Error

mbrown@texasorthopedics.com*08/22/2024 3:09PM

In Worklist:

Do you have a medical power of attorney?: No

Education and Occupation

Are you currently employed?: Yes

Who is your employer?: Ziff Davis

Activities of Daily Living

Which of your hands is dominant?: Bilateral

OLS Social History

Do you live alone or with others?: live with others

Surgical History

Reviewed Surgical History

GYN History

Reviewed GYN History

Date of Last Pap Smear: 02/01/2024.

Past Medical History

Reviewed Past Medical History

Anemia: Y

Asthma: Y

Colitis: Y

HPI

The patient is a 40-year-old female here today for new right knee injury. On August 9, her birthday she was dancing when she felt she twisted her right knee. It progressively got worse and more swollen. She was unable to move her leg for 2 to 3 days. She has been sleeping with a pillow under her knee for comfort. She feels that she cannot fully straighten her knee knee. She feels that it was improving until yesterday when she felt a pop and the pain and swelling returned.

Chief Complaint

Chief Complaint

Knee

Description of Pain

Pain Location

Left Side

On the front

Injury Confirmation

Yes

Injury Date

08/08/2024

Cause of Pain

Twisting

Quality of Pain

Sharp

Aching

Throbbing

Timing of Pain

Constant

Pain Severity

Moderate

Pain Scale - Today

6

Alleviating Factors

Brace

Cane

Aggravating Factors

Walking

Sitting

Twisting

Rising from a chair

Associated Symptoms

Swelling/Redness

Instability

Stiffness

Previous Surgery

No

Prior Imaging

None

Pain Management Physician Visit

No

Blood Thinners

No

Work Injury Details

Work Injury Confirmation

No

Self Employed Confirmation

No

Injury at Someone else's property

Injured on Someone's Property

No

Auto-Accident Details

Auto Accident Confirmation

No

Other Insurance Claims

Attorney Confirmation

ROS

Additionally reports:

Cardiovascular

Confirms: None

Denies: Chest pain, Calf Pain/swelling

Constitutional

Confirms: None

Denies: Fever

ENMT

Confirms: None

Denies: Dry Mouth, Mouth ulcer(s)

Eyes

Confirms: None

Denies: Vision loss, Dryness

Gastrointestinal

Confirms: None

Denies: Heartburn, Nausea/Vomiting

Genitourinary

Confirms: None

Denies: Difficult urination, Pregnant, Possibly pregnant, Postmenopausal

Hematologic/Lymphatic

Confirms: None

Denies: Easy bleeding

Musculoskeletal

Confirms: None

Denies: Morning joint stiffness greater than 30 minutes, Joint swelling (multiple joints)

Neurologic

Confirms: None

Denies: Headaches, Numbness, Weakness

Psychiatric

Confirms: None

Denies: Depression, Anxiety

Respiratory

Confirms: None

Denies: Shortness of Breath

Integumentary

Confirms: None

Denies: Skin wounds, Non-healing areas

Physical Exam

WDWN female in no acute distress. Active and alert.

Psychiatric: Oriented to time, place, and person. Normal mood and affect.

Cardiovascular: palpable pedal pulses

Neurologic: no abnormal movements, coordination normal, normoreflexive, sensation intact to LT throughout

Gait and Station: Antalgic

Assist Device: none

Right Knee

- Inspection / deformities: none, mild swelling, no ecchymosis
- Palpation / tenderness: medial joint line tenderness and mcl tenderness
- ROM: limited 5-90
- Strength: normal muscle strength and tone
- Stability: no instability

Limited physical exam

|

Left Knee

- Inspection / deformities: none, no swelling, no ecchymosis
- Palpation / tenderness: none

- ROM: full
- Strength: normal muscle strength and tone
- Stability: no instability

Assessment / Plan

The patient's diagnosis and treatment options were discussed in detail with the patient in terms they could understand. All questions were answered.

History and physical exam findings are most consistent with mcl sprain versus medial meniscus tear . Physical exam is limited due to pain. PAtient has ROM 5-90.

Radiographs were reviewed with the patient which are negative.

Plan:

- Rest, ice/heat, elevation for comfort.
- Medications: OTC NSAIDs-such as Ibuprofen 600 mg three times a day with food. MAny take acetaminophen (Tylenol)1000 mg every 8 hours as needed for pain. This is a very effective combination but please stop if upsets stomach. Precautions discussed.
- The patient is having problems with weightbearing. We will go ahead and get an MRI for further treatment planning. I am concerned that she may have a meniscus tear and her knee is locked.
- Activity: Full activity as tolerated.
- Follow up: after mri.

Dr. G --- MD was onsite and in the suite for the duration of the visit.

T FNP, ONP-C

1. Knee pain

M25.561: Pain in right knee

- KNEE XRAY, RIGHT (4 VIEW) -
Note to Imaging Facility:

CPT: 73564

Side:
RIGHT

Sprain of right knee, unspecified ligament, initial encounter-

2. Right

S83.91XA: Sprain of unspecified site of right knee, initial encounter

Return to Office

Patient will return to the office as needed.