Be Successful: Build Memorization Skills

Why it is Important

- Essential building blocks
- Resources are not always available
- Increases efficiency and accuracy
How Memory Works

- Short or Working Memory
- Long Term Memory
- Encode Information for Recall

What Strategies Help Memory Recall

- Use different strategies to memorize
- Create new words
- Make sentences
- Use rhymes or songs
- Association methods
- Use flashcards
What Works for You

- Types of learners:
  - Auditory
  - Visual
  - Kinesthetic
- Motivation and attitude
- Available time and energy

Please read aloud and speak up, please.

Summary

- Attitude - A positive “I can”
- Brain - Be creative
  - Involve as many brain functions and the body as possible
- Connect - Make it meaningful