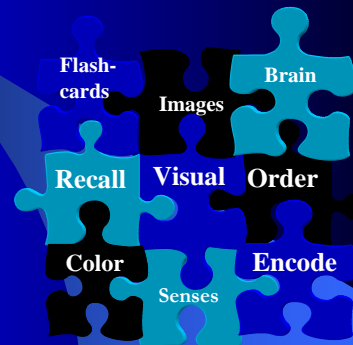


Be Successful: Build Memorization Skills



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1

Why it is Important

- Essential building blocks
- Resources are not always available
- Increases efficiency and accuracy

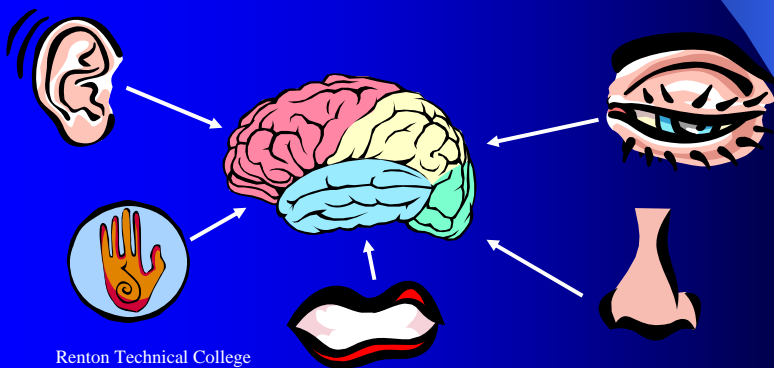


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2

How Memory Works

- Short or Working Memory
- Long Term Memory
- Encode Information for Recall

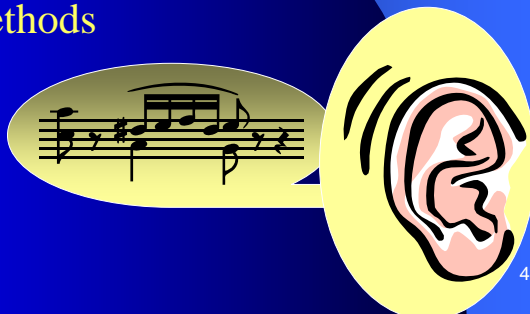


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3

What Strategies Help Memory Recall

- Use different strategies to memorize
- Create new words
- Make sentences
- Use rhymes or songs
- Association methods
- Use flashcards



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4

What Works for You

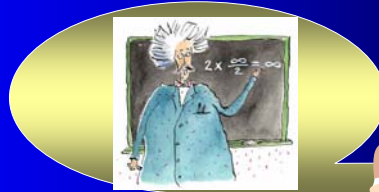
- Types of learners:

- Auditory
- Visual
- Kinesthetic

Please read aloud and speak up, please.

- Motivation and attitude

- Available time and energy



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Summary

- Attitude - A positive "I can"
- Brain - Be creative
 - Involve as many brain functions and the body as possible
- Connect - Make it meaningful



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6