

Food Insecurity Resource List

CTI (Community Teamwork Inc.) 978-459-0551 www.commteam.org
155 Merrimack St./17 Kirk St. Lowell MA 01852

Project Bread's FoodSource Hotline: 1-800-645-8333; <https://gettingsnap.org/>

SNAP Resources: (food stamps) 877-382-2363 <https://www.mass.gov/snap-benefits-formerly-food-stamps>

WIC Nutrition Program: 1-800-WIC-1007
<https://www.mass.gov/how-to/apply-for-the-women-infants-children-wic-nutrition-program>

CTI's WIC Program: 978-454-6397, 45 Kirk St. Lowell MA 01852

LCHC's WIC Program: 978-221-6821, 161 Jackson St. Lowell MA 01852

Merrimack Valley Food Bank 978-454-7272

This agency is a good resource for food assistance information. Go to "Find Food" on their website to find out about pantries and meals around the city. Some places ask for IDs, social security cards or proof of residence, so check before going. They also have a **Mobile Pantry** for income-eligible seniors and disabled members of the community. Those in need and eligible can reach the Mobile Pantry at 978-454-7174. <https://mvfb.org/>

Food Pantries

- Central Food Ministry 978-454-7445
370 W. Sixth Street, Lowell, MA
- Chemsford Community Exchange 978-250-3818
50 Rear Billerica Rd, Chelmsford, MA
- Christ Jubilee Food Pantry (call ahead 978-452-9976)
101 Smith Street Lowell, MA
- Dracut Food Pantry 978-957-8600
1934 Lakeview Ave Dracut, MA
- Open Pantry Greater Lowell 978-453-6693
13 Hurd Street Lowell, MA
- Tewksbury Community Food Pantry 978-858-2273
999 Whipple Road, Tewksbury, MA
- Westford Food Pantry 978-692-5523
20 Pleasant Street, Westford, MA
- Dharma Food Pantry 978-470-4775
144 Merrimack Street Ste 401, Lowell, MA
- Merrimack Valley Catholic Charities 978-454-9946
70 Lawrence Street, Lowell, MA



- Salvation Army 978-458-3396
150 Appleton Street Lowell, MA
- Catholic Charities Food Pantry 978-454-9946 <https://www.ccab.org/location-merrimack>
70 Lawrence Street, Lowell, MA operating Monday – Thursday 1:00 p.m. - 3:30 p.m.
- CCF Ministries Food Pantry 978-934-9414 <http://www.ccfcca.com/>
105 Princeton Blvd, Lowell, MA
1st Wednesday of the month 10:00 a.m. - 12:00 p.m. at CCF Ministries
Farmers to Families Food Boxes available with fresh produce Wednesdays 10:30 am - 12:30 pm
- Central Food Ministry 978-454-7445 <http://cfministry.org/>
Hours are Tuesday, Wednesday and Thursday 10 a.m. - 1:00 p.m. and Thursday evening 7:00 p.m. - 8:00 p.m.
(also offers clothes, other supplies)
- Dwelling House of Hope Food Pantry 866-674-9988 <http://dwellinghouseofhope.org/>
125 Mt. Hope Street, Lowell MA on Saturdays 10:00 a.m. - 11:30 a.m.
- Greater Boston Food Bank School Pantry at STEM Academy at the Rogers School 978-674-2053 43 Highland Street, Lowell MA (call ahead)
A farmer's market style distribution of assorted foods for all Lowell Public School students and their families.
Please bring reusable grocery bags, baskets or cart to carry your food.
- Lowell Senior Center 978-674-1172 or 978-674-4131 <http://lowellma.gov/373/Senior-Center>
276 Broadway Street, Lowell, MA
Brown bag program, take-out breakfast 7:00 a.m. - 9:00 a.m. (optional donation of \$1.50) and lunch 10:00 a.m. - 11:30 a.m. (optional donation of \$2.50 for people age 60+ at 276 Broadway St.
- Meals on Wheels 800-892-0890 <https://agespan.org/solutions/nutrition-and-food-security/>
For adults, at least 60 years of age, regardless of mobility or health status during the pandemic, or qualified adults with disability who are determined to be "homebound" are eligible for home delivered meals.
- Mill City Grows (978) 455-2620 <https://www.millcitygrows.org/>
Free produce available for any residents facing economic hardship
- Open Pantry of Greater Lowell 978-453-6693
13 Hurd Street, Lowell, MA
Monday – Friday 9:00 a.m. 12:00 p.m. and Wednesday evenings 5:30 p.m. - 7:00 p.m
- St. Paul's Soup Kitchen 978-206-1189 <https://stpaulssoupkitchen.org/>
273 Summer St, Lowell, MA
Serve dinner Monday through Friday at 5:00 PM.
- For Furry Family Members, Lowell Humane Society 978-452-7781
951 Broadway St, Lowell, MA
Food pantry for dogs, cats, and other furry family members

