**Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Period\_\_\_\_\_\_\_\_ Date\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Worksheet for Unit 33: An introduction to Prayer**

1. Define prayer.
2. What does it mean to say “It is the heart that prays?”
3. What role does humility play in prayer?
4. How might humility change the ***way***we pray?
5. What does the prayer of each of the following Old Testament men teach us about prayer? Give a specific example for each:
	1. A. Abraham
	2. Moses
	3. David
	4. The prophets
6. How did Jesus pray?
	1. What did he teach US about prayer?
	2. How does Jesus hear our prayer?
7. What does Mary’s prayer teach us?
	1. What does the Church teach us about praying to Mary?
8. List three other sources we can turn to as guides for prayer.
9. What kind of prayer is the Rosary? What does it encourage us to do?
10. Why is there a Box about the life of St. Francis de Sales in our opening unit on Prayer? What was his contribution to an understanding of prayer?
11. What is Spiritual Direction? Why would someone want to participate in it?
12. How does God Answer Prayer? Do you agree with the box that asks this question on Page 369? Why or why not?