

Fundamentals of the Catholic Faith

Period: _____

Take time to thoughtfully reflect on the following questions and write your reflections below.

1. What in my life is broken and in need of healing? (Is it my home life? My school life? My extracurricular activities?) Explain.
2. What relationship(s) in my life are in need of healing? (With myself? With my parents? With my sibling(s)? With my friends? With God?) Explain.
3. Write a prayer that asks God for healing in the areas where you need it most. Use at least 6 complete sentences in your prayer.