

Name_____

Period_____

Date_____

Our Catholic Faith
Sacraments of Healing
Guilt

Read the article, ***Guilt***, and answer the following the questions:

1. Provide a Dictionary definition of the word, *guilt*:

2. What purpose does the experience of guilt serve?

3. What happens when a person ignores their guilt?

4. Provide a Dictionary definition of the word, *rationalization*:

5. According to the article, what are ways wrongdoing is rationalized?

6. What is the difference between *being guilty* and *feeling guilty*? What is conscience?

7. What moral areas do teens have more experience in? How does this relate to guilt?
8. What are the steps of the Sacrament of Reconciliation?
9. In terms of guilt, what does Reconciliation offer us?
10. Even though "setting things right can seem costly in the short run", the act of repentance can help to restore...
11. What does forgiveness help us to do?
12. Above all, what must we never forget in terms of our guilt?
13. Write out Psalm 51: 3-5, 11-12