

CAPITAL VICES

The Capital Vices are bad habits that cause sinful natures and can lead to serious sin:

1. **Pride** - placing oneself above God and others.

(The virtue that counters pride is **humility**).

2. **Envy** - resentment and jealousy over another's characteristics or possessions.

(The virtue that counters envy is **thankfulness**).

3. **Anger** - hostile or wrathful feelings toward another.

(The virtue that counters anger is **patience**).

4. **Sloth** - laziness or neglecting obligations.

(The virtue that counters sloth is **diligence**).

5. **Greed** - desire of wealth or material possessions over and above life and people.

(The virtue that counters greed is **generosity**).

6. **Gluttony** - immoderation of food or drink.

(The virtue that counters gluttony is **temperance**).

7. **Lust** - unrestrained craving for pleasure, especially sexual pleasure.

(The virtue that counters lust is **chastity** and **fortitude**).

