

Skill 18-2 Moving the Patient Up in Bed

Student: _____

Date: _____

	S	U
1. Carries out Standard Steps A, B, C, D, and E as need indicates.	<input type="checkbox"/>	<input type="checkbox"/>
2. Positions bed: locks wheels, raises bed to correct working height in flat position, lowers near side rail, places pillow upright against headboard.	<input type="checkbox"/>	<input type="checkbox"/>
3. Instructs patient if patient can assist.	<input type="checkbox"/>	<input type="checkbox"/>
4. Positions patient on back with knees flexed and arms across chest if patient is unable to help.	<input type="checkbox"/>	<input type="checkbox"/>
5. Shifts patient up in bed using proper body mechanics.	<input type="checkbox"/>	<input type="checkbox"/>

For Lift (Draw) Sheet:

6. Obtains assistant to help.	<input type="checkbox"/>	<input type="checkbox"/>
7. Places lift (draw) sheet under patient, fan-folded close to patient.	<input type="checkbox"/>	<input type="checkbox"/>
8. Places pillow upright at head of bed to protect head.	<input type="checkbox"/>	<input type="checkbox"/>
9. On count of three, both nurses slide lift sheet and patient toward head of bed using correct body mechanics.	<input type="checkbox"/>	<input type="checkbox"/>
10. Carries out Standard Steps X, Y, and Z.	<input type="checkbox"/>	<input type="checkbox"/>

Successfully completed ☐Needs practice and retesting ☐

Comments:

Instructor: _____