

Skill 19-1 Administering a Bed Bath and Perineal Care

Student: _____

Date: _____

	S	U
1. Carries out Standard Steps A, B, C, D, and E as need indicates.	<input type="checkbox"/>	<input type="checkbox"/>
2. Prepares the environment for the bath.	<input type="checkbox"/>	<input type="checkbox"/>
3. Offers bedpan or urinal.	<input type="checkbox"/>	<input type="checkbox"/>
4. Raises bed to comfortable working height. Lowers rail and positions patient close to side of bed.	<input type="checkbox"/>	<input type="checkbox"/>
5. Drapes patient with bath blanket or top sheet.	<input type="checkbox"/>	<input type="checkbox"/>
6. Removes bed linen and disposes of soiled linen not to be reused.	<input type="checkbox"/>	<input type="checkbox"/>
7. Raises rail while preparing the bath water; checks temperature of water.	<input type="checkbox"/>	<input type="checkbox"/>
8. Removes gown without exposing patient.	<input type="checkbox"/>	<input type="checkbox"/>
9. Washes and dries the face using separate corner of mitt for each eye.	<input type="checkbox"/>	<input type="checkbox"/>
10. Washes and dries the arms and axillae, protecting the bedding.	<input type="checkbox"/>	<input type="checkbox"/>
11. Washes and dries the chest using circular motions.	<input type="checkbox"/>	<input type="checkbox"/>
12. Washes and dries the abdomen. Keeps patient draped.	<input type="checkbox"/>	<input type="checkbox"/>
13. Washes and dries the legs with long firm strokes; places towel lengthwise under the leg.	<input type="checkbox"/>	<input type="checkbox"/>
14. Soaks feet in basin; washes and dries the feet.	<input type="checkbox"/>	<input type="checkbox"/>
15. Changes water when it becomes cool or soapy.	<input type="checkbox"/>	<input type="checkbox"/>
16. Washes and dries the back, buttocks, and anal area; changes water.	<input type="checkbox"/>	<input type="checkbox"/>
17. Washes or permits patient to wash the perineal area; uses gloves.	<input type="checkbox"/>	<input type="checkbox"/>
18. Assists patient into clean gown or pajamas.	<input type="checkbox"/>	<input type="checkbox"/>
19. Completes personal care.	<input type="checkbox"/>	<input type="checkbox"/>
20. Lowers bed, raises rail, and restores unit.	<input type="checkbox"/>	<input type="checkbox"/>
21. Cleans and stores equipment.	<input type="checkbox"/>	<input type="checkbox"/>
22. Documents the procedure.	<input type="checkbox"/>	<input type="checkbox"/>
23. Carries out Standard Steps X, Y, and Z.	<input type="checkbox"/>	<input type="checkbox"/>

Skill 19-1 Administering a Bed Bath and Perineal Care—cont'd

Successfully completed ☐

Needs practice and retesting ☐

Comments:

Instructor: _____