

0926 Chapter 30 Skills Testing Guidelines

Chapter 30 Skills Video Links:

FEMALE FOLEY CATHETERIZATION

<https://youtu.be/mo7lsgiTUlg>

MALE FOLEY CATHETERIZATION

<https://youtu.be/dUb9leP5vgU>

CATHER REMOVAL

<https://youtu.be/HgEab0LO3yM>

The following are the skills test guidelines for SKILL 30-3 CATHETERIZING THE FEMALE PATIENT; SKILL 30-4 CATHETERIZING THE MALE PATIENT; STEPS 30-2 REMOVING AN INDWELLING CATHETER (I WILL PRINT OUT YOUR ESSENTIAL CRITERIA, YOU PRINT OUT YOUR RUBRIC)

In the skills lab:

- The test is a 40-minute test to complete
- **Rubric** Step A , Step B (your scenario, explain to your pt. , “You had your foley cath discontinued at __ & you are DTV at __, I am here to see how you are doing and to assess you along with performing non-invasive procedures to avoid re-catheterization.) Part of Step C.
- Initial Assessment & Data Collection: **Visual** – How is the patient’s affect? Ask patient if they are in pain (use numeric pain scale) next ask 3 questions from pg. 563-564.
Focused Assessment – expose lower abdomen/bladder area only. Visually inspect the abdomen for distention, then H.H. & apply Non St. gloves, & Palpate the suprapubic area while looking at the patients face looking for grimacing
- Complete steps C & D prior to starting your catheterization .
- Prior to Catheterizing your pt. you will:
verbalize/perform 5 Non-invasive Procedures
Statement your non-invasives did not work,
Statement – locate meatus
Statement of Pericare Before and After insertion of the catheter – it is important (and stated on the essential criteria) to make sure that the genitalia of the patient is cleaned. The antiseptic cleaner and K-Y jelly has to be removed from the genitalia to prevent skin irritation.
- Your Assistant will help you position and drape the mannequin (male/female). They will NOT show you how to do it. *This is done to save time.*
- You will either cath a male or female with sterile technique. Refer to Skill 30.3 & Skill 30.4(It will be decided by instructor)
- Once you visualize urine flow & complete your sterile technique, position the patient for comfort neatly.
- Attach the catheter to the patient’s thigh appropriately (male or female)
- Obtain continuous gravitational flow of urine
- **Statements** that will indicate appropriate teaching to the patient and nursing interventions that are to be applied when an indwelling catheter is in place. The teaching should come from Box 30-3. You will be expected to verbalize 6 out of the 11 of the **Teachings** for Catheter Care.
- You will be told by the instructor that you have an order for discontinuation of the catheter
- Discontinue the catheter using clean technique, refer to Steps 30.2.
Statement state 3 **teaching** and interventions that are appropriately implemented after a discontinuation
1) Educate the patient when they are DTV; 2) there may be mild burning with the first voids;
3) drink extra fluid to flush bladder)

Documentation to get credit on the standard steps (Rubric):

- Reason the catheter is being ordered. (Order must include an appropriate reason)
- **Assessment findings and noninvasive interventions**
 - Condition of the suprapubic area prior to insertion

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- Details of the catheterization – what type of aseptic technique did you use? What French size catheter did you use related to the male/female. How much urine was obtained when the catheter was inserted? How did the patient tolerate the insertion? how much sterile water was inserted into the balloon?
- The catheter attached to what part of the thigh. The drainage bag hung to bedside below the bladder
- Condition of the suprapubic area after the insertion
- What did you teach your patient? Make it detailed
- Interventions you have implemented while the indwelling catheter is in place
- Who did you report the success or complications while catheterizing your Pt. ?
- Is the documentation dated and timed with legible signature with title