

Basic Skills I Final Blue Print

What is highlighted we have not covered but we will.

***NOTHING ON THE EXAM IS NEW MATERIAL* ALL YOU HAVE TO DO IS GO BACK AND REFRESH ON THE OBJECTIVES WE HAVE DISCUSSED.**

- CDC Guidelines for Hand Hygiene – CDC Guidelines for Standard Precautions
- Normal v/s ranges
- Complete v/s assessments
- Use of Pulse scale
- Respiratory patterns
- Interventions for abnormal v/s
- Temperature of the elderly
- O2 Saturation – normal ranges
- Blood volume and how it affects blood pressure – hypervolemia/ hypovolemia
- Principles of body movement for patients
- Hazards of improper alignment and positioning
- Position changing/orthostatic hypotension
- Benefits of ROM
- Fall risk factors & prevention
- Positioning patients
- Bed bath
- Principles of hygienic needs of the elderly
- Denture care
- Risk factors for pressure ulcer development
- Principles of shearing
- Principles of pressure ulcer prevention; assessment/staging of
- Wound staging
- Braden scale
- Principles of bedmaking
- Safety interventions
- Acronym RACE
- MSDS
- Principles of restraint alternatives; care of a patient who has a restraint in place
- Complete pain assessment
- Assessment of S1 and S2
- Acute and chronic – define and know the difference
- CRT
- methods of assessment – know the correct order

- Position that helps relieve dyspnea
- Signs and symptoms of dehydration
- Signs and symptoms of fluid overload
- Pitting edema; how to assess for; how to scale
- Neurological assessment
- Administering enteral feedings
- Administering oral feedings
- NGT: insertion/ irrigation/ removal
- Principles of Intake and Output assessment of
- Prevention of aspiration
- Focused gastro-intestinal assessment
- Normal & abnormal characteristics of stool
- Nursing interventions for constipation and diarrhea
- Principles of fecal impaction
- Assessments for patient with bowel ostomy
- Ostomy care
- Ostomy irrigation
- Principles of sterile technique
- Recognition of contamination during sterile technique
- Traction
- Assistive Devices
- Pin care
- Complications of immobility and prevention of such
- Cast care
- Hip Spica cast
- Specialty Beds
- Pressure relief devices
- Bandages – application and use of