

## Skill 30-1 Administering an Enema

Student: \_\_\_\_\_

Date: \_\_\_\_\_

- |   | S                        | U                        |
|---|--------------------------|--------------------------|
| 1. Carries out Standard Steps A, B, C, D, and E as need indicates.                        |                          |                          |
| 2. Positions and drapes the patient appropriately.  | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. Prepares the enema, clears air from tubing, and lubricates tip.                        | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. Positions bedpan or bedside commode; places underpad beneath patient.                  | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. Dons gloves and gently inserts the rectal tip correct distance.                        | <input type="checkbox"/> | <input type="checkbox"/> |
| 6. Positions fluid no higher than 18" or squeezes plastic bottle to instill the solution. | <input type="checkbox"/> | <input type="checkbox"/> |
| 7. Regulates flow according to patient's amount of discomfort.                            | <input type="checkbox"/> | <input type="checkbox"/> |
| 8. Clamps tubing before withdrawing the tip.  | <input type="checkbox"/> | <input type="checkbox"/> |
| 9. Assists patient onto bedpan, bedside commode, or to toilet.                            | <input type="checkbox"/> | <input type="checkbox"/> |
| 10. Instills correct amount of solution for total enema.                                  | <input type="checkbox"/> | <input type="checkbox"/> |
| 11. Assists patient to clean anal area if needed.   | <input type="checkbox"/> | <input type="checkbox"/> |
| 12. Carries out Standard Steps X, Y, and Z.   | <input type="checkbox"/> | <input type="checkbox"/> |

Successfully completed ☐

Needs practice and retesting ☐

Comments:

Instructor: \_\_\_\_\_