

Skill 16-1 Hand Hygiene

Student: _____

Date: _____

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| 1. Stands away from sink to prevent contaminating uniform. | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. Uses constantly running water. | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. Wets hands. | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. Soaps hands sufficiently to provide lather. | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. Washes entire surfaces of hands and wrists vigorously using friction. | <input type="checkbox"/> | <input type="checkbox"/> |
| 6. Interlaces fingers to wash spaces between them; rubs back and forth. | <input type="checkbox"/> | <input type="checkbox"/> |
| 7. Washes for at least 15 seconds. | <input type="checkbox"/> | <input type="checkbox"/> |
| 8. Rinses hands well with fingers pointing down. | <input type="checkbox"/> | <input type="checkbox"/> |
| 9. Dries hands thoroughly. | <input type="checkbox"/> | <input type="checkbox"/> |
| 10. Turns off water without contaminating hands. | <input type="checkbox"/> | <input type="checkbox"/> |

For Alcohol Hand Rub

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| 11. Dispenses sufficient hand rub agent to thoroughly cover hands. | <input type="checkbox"/> | <input type="checkbox"/> |
| 12. Rubs cleansing agent over all aspects of hands and fingers. | <input type="checkbox"/> | <input type="checkbox"/> |
| 13. Continues to rub until all signs of the agent are gone and hands are dry. | <input type="checkbox"/> | <input type="checkbox"/> |

Successfully completed

Needs practice and retesting

Comments:

Instructor: _____