

Skill 17-1 Performing Surgical Hand Antisepsis – The Surgical Scrub

Student: _____

Date: _____

- | | S | U |
|--|--------------------------|--------------------------|
| 1. Removes jewelry. | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. Adjusts water to correct temperature and force. | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. Wets hands and arms from above elbows to fingertips, keeping hands higher than elbows. | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. Applies soaping agent or uses soap-impregnated brush or sponge pad. Works up a lather. | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. Cleans nails on each hand while holding the scrub brush/ pad in other hand. | <input type="checkbox"/> | <input type="checkbox"/> |
| 6. Starts scrubbing at fingertips; with a circular motion scrubs each finger, between fingers, palm, and back of hand using light to moderate friction; scrubs wrist and up the arm to 2 inches above the elbow. | <input type="checkbox"/> | <input type="checkbox"/> |
| 7. Scrubs each arm for approximately 2 to 2 1/2 minutes. Times the scrub by the clock. | <input type="checkbox"/> | <input type="checkbox"/> |
| 8. Rinses each hand and arm thoroughly, keeping the hands pointed up and allowing water to run from the fingertips down off of the elbow area. | <input type="checkbox"/> | <input type="checkbox"/> |
| 9. Turns off water using foot or knee control. | <input type="checkbox"/> | <input type="checkbox"/> |
| 10. Dries hands with a sterile towel without contaminating sterile field or scrubbed hands. | <input type="checkbox"/> | <input type="checkbox"/> |
| 11. Drops used towel into proper receptacle. | <input type="checkbox"/> | <input type="checkbox"/> |

Successfully completed

Needs practice and retesting

Comments:

Instructor: _____