

## Skill 17-4 Sterile Gloving and Ungloving

Student: \_\_\_\_\_

Date: \_\_\_\_\_

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### Gloving

- |   |                          |                          |
|---|--------------------------|--------------------------|
| 1. Obtains pair of sterile gloves of correct size; performs hand hygiene.   | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. Peels open outer wrapper and positions inner glove package on flat surface.  | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. Opens the inner glove package exposing the gloves without contaminating them.  | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. Picks up the first glove by the folded-over cuff.  | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. Inserts hand into glove without touching the outside of the glove to any part of the skin or other unsterile object; keeps hands above waist level.                | <input type="checkbox"/> | <input type="checkbox"/> |
| 6. Picks up the second glove by placing gloved fingers under the cuff; slips hand into the glove being careful not to allow bare skin to touch the other gloved hand. | <input type="checkbox"/> | <input type="checkbox"/> |
| 7. Slides cuffs over the wrists; adjusts the fingers inside the gloves.   | <input type="checkbox"/> | <input type="checkbox"/> |

### Ungloving

- |   |                          |                          |
|---|--------------------------|--------------------------|
| 8. Grasps the outside surface of one glove at the top of the palm and pulls glove off while rolling it inside out.  | <input type="checkbox"/> | <input type="checkbox"/> |
| 9. Holds removed glove in palm of other hand; slips bare fingers under the cuff of the remaining glove and slides the glove down over the hand, rolling it inside-out as it is removed. Does not contaminate hands. | <input type="checkbox"/> | <input type="checkbox"/> |
| 10. Disposes of the contaminated gloves.  | <input type="checkbox"/> | <input type="checkbox"/> |
| 11. Performs hand hygiene.  | <input type="checkbox"/> | <input type="checkbox"/> |

Successfully completed

Needs practice and retesting

Comments:

Instructor: \_\_\_\_\_