



# Hand Hygiene

Things to know

# What are 3 spores you may come in contact with?

- Clostridium difficile. (c.diff)
  - Candida albicans (fungal infection like a yeast infection)
  - Bacillus anthracis.(Anthrax, a rod shaped gram-positive bacteria)
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- The physical action of washing and rinsing hands is recommended because alcohols, chlorhexidine products, iodophors and other antiseptic agents have ***poor activity against spores.***