

Unidad 2 Lección 1, p. 109

Sporting Events

campeonato	championship
ciclismo	bicycle racing
competencia	competition
competir (i)	to compete
estar empatado	to be tied
jugar en equipo	to play on (a) team
meter un gol	to score a goal
premio	prize, award

Sports Competitions

la Copa Mundial	The World Cup
los Juegos Olímpicos	The Olympic Games
los Juegos Panamericanos	The Panamerican Games
la Vuelta a Francia	The Tour de France

Sports Equipment

la pista	the track (not the sport)
red	net
uniforme	uniform

Express Emotions

¡Ay, por favor!	Oh, please!
¡Bravo!	Bravo!
¡Dale!	Come on!
¡Uy!	Ugh!

Describe Athletes

activo/a	active
deportista (m or f)	sportsman/woman
lento/a	slow
musculoso/a	muscular
rápido	fast

Discuss Ways to Stay Healthy

Es bueno...	It's good...
Es importante...	It's important...
Es necesario...	It's necessary...
hacer ejercicio	to exercise
mantenerse en forma	to stay in shape (<i>mantener</i> conjugates like <i>tener</i> in all forms)
saludable	healthy
seguir (i) una dieta balanceada	to follow a balanced diet

Hints, tips, and tricks Mr. Hawkins shares:

Mistakes I Tend To Make:

Warnings from Mr. Hawkins:

Questions for Mr. Hawkins:

What Quia says is on the test:

Last-second cramming: