

# Chapter 10 Ethical Issues in Health Care

### **Ethics**

- Study of right and wrong related to human conduct
- Knowledge of right and wrong related to:
  - Individual
  - Society
  - Situation

## **Nursing and Ethics #1**

#### Nurses

- Have the ability and obligation to help patients
- Internalize the concept of what it means to be a human being
- Accept personal responsibility for relationships
- Are obligated to do good and not harm
- Are committed to providing high-quality care to all human beings

## **Nursing and Ethics #2**

#### Code of Ethics

- NFLPN and NAPNES
- Purpose is to provide a list of rules of good conduct
- Attempt to describe the ideals of a group
- Identify standards of behavior

# **Personal Accountability**

- Being responsible means to accept being the cause of an action.
- Being accountable means to accept the consequences of the action.

## **Unethical Behavior**

- Failure to adhere to a code of ethics
- Failure to base practice on high ethical standards
- Disregard for basic human rights

### **Ethical Dilemmas #1**

- Conflict or opposition between:
  - Personal values
  - Moral principles
  - Laws
- Personal and professional obligations
- The rights of individuals and society
- No right or wrong answer
- Legal versus ethical problems

## **Ethical Dilemmas #2**

### General Guidelines for Ethical Decision Making

- Collect the facts.
- Ask questions about behavior.
- Discuss concerns with an authority.
- Understand your motivation and choose course of action.
- Prepare to accept consequences.

## Ethical Issues in Nursing #1

- Dilemmas exist when there is the belief that appropriate and safe care cannot be provided.
- Choosing between the employer's requirements and what the patient needs:
  - Staffing shortages
  - Excessive paperwork and administrative tasks
  - Cost-containment measures
  - Managed care
  - Mandatory overtime
  - Risks to personal health and safety

## **Ethical Issues in Nursing #2**

#### Other issues

- Right to refuse to assist with a procedure you believe is morally or ethically wrong.
- Cannot refuse to provide nursing care for a patient.

Implications of biologic research and applications

#### **Bioethics Committees**

- Bring all available information and points of view to a bioethical dilemma.
- Task is to make a decision about action to be taken.

## **Contemporary Bioethical Dilemmas**

- Reproductive Issues
  - Birth control
  - Abortion
  - Alternative fertilization

#### Genetic Issues

- Profile can lead to discrimination
- Human genome project
- Genetic screening

#### Stem Cell Research

Embryonic stem cells require destruction of an embryo.

#### Organ Transplants

- Cost for surgery
- Cost of lifelong drug therapies
- Ethics of sacrificing animals
- Religious objections
- Buying and selling organs

#### Death

- Criteria for legally declaring one dead
- Ability to continue biological functions
- Euthanasia
  - Active
  - Passive

#### Death (cont.)

- Advance Directives
  - Living will
  - Health care proxy
  - Ulysses Pact

# **Question #1**

- Is the following statement true or false?
- A moral dilemma exists when there is no right or wrong answer.

# **Answer to Question #1**

True

\*Rationale: The fact that there is no right or wrong answer is what makes it a dilemma.

# Question #2

- General guidelines for ethical decision making include:
  - A. Adhere to a code of ethics
  - B. Be accountable
  - C. Collect the facts
  - D. Identify standards of behavior

# **Answer to Question #2**

C. Collect the facts

Rationale: Guidelines include collecting all the facts. A code of ethics identifies standards of behavior and personal accountability is one of those behaviors.

# **Question #3**

- Is the following statement true or false?
- Disregard for basic human rights is an ethical dilemma.

# **Answer to Question #3**

False

Rationale: Disregard for basic human rights is unethical behavior. There is no question that this is right or wrong. It is wrong behavior.