



# Chapter 4

## The Use of the Nursing Process and Nursing Diagnosis

# Environments of Care

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- Home care
  - Care provided in older adult's home
- Hospice care
  - Care provided to those with a terminal illness
- Acute care
  - Care for acutely ill older adults who are hospitalized

# Environments of Care

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- Rehabilitation facilities
  - Focus on mobility and activities of daily living (ADLs)
- Extended care facilities
  - Skilled nursing facilities
  - Assisted-living facilities
  - Continuing care retirement communities

# Question

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**Which type of care is normally provided for those who need continuous assistance in their ADLs?**

- A. Home care
- B. Hospital care
- C. Extended care

# Answer

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Correct answer: C

Extended care

# Nursing Process

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- Problem-solving model that describes what nurses do
- Provides a structure for nurses to plan and give high-quality, individualized care

# Nursing Process

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- Steps in nursing process
  - Assessment
    - Collect information.
    - Resident assessment instrument (RAI)
    - Minimum data set (MDS)
      - Most important information that must be collected on every resident
    - Care area assessment (CAA)
      - Care area triggers (CAT)

# Nursing Process

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- Steps in nursing process
  - Nursing diagnosis
    - Diagnostic reasoning to reflect the older person's strengths, problems, and potential problems
    - Specific to the older adult's individualized nursing care needs
    - Relates to areas of difficult functioning

# Nursing Process

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- Steps in nursing process

- Planning

- Setting priorities

- Prioritize nursing diagnoses.
- Consider priorities of older person.

- Identifying goals and outcomes of care

- Describe specific outcomes.
- Goals must be
  - » Measurable, realistic, specific, timely, attainable

# Question

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**Which would be an appropriate outcome?**

- A. The patient will have less pain.
- B. The patient will ambulate 400 feet daily.
- C. The nurse will turn the patient every 2 hours.
- D. The patient will understand the treatment plan.

# Answer

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Correct answer: **B**

The patient will ambulate 400 feet daily.

# Nursing Process

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- Steps in nursing process
  - Planning
  - Designing interventions and documentation
    - Activities used to attain goals
    - Require resident's input
    - Must be written

# Question

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**Which statement is false regarding nursing interventions?**

- A. They must be realistic.
- B. They include continual assessment.
- C. They are developed by the health-care team.
- D. They are completed to help achieve the outcome.

# Answer

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Correct answer: C

They are developed by the health-care team.

# Nursing Process

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- Steps in nursing process
  - Implementation
    - Putting plan of care into action
    - Must be documented
  - Evaluation
    - Identify if goals and outcomes have been met.
    - Reassess interventions as needed.

# Computers and the Nursing Process

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- Used for documenting nursing process
- Software available for documenting MDS, CAA, and care plans