

Gerontology
Ch 2 & 4 Study Guide

1. **Goals** – define
2. **Measurable** goal- define
3. Explain the areas included in the **planning phase** of the nursing process
4. Explain the **setting of priorities** in the planning phase
5. Explain the **assessment** step of the nursing process
6. List areas included in the **admission assessment**
7. List the information related to the **assessment documentation**
8. Define the following: **inspection- palpation- auscultation – percussion**
9. Define **subjective** and **objective** data
10. **Evaluation** – define
11. **Nursing Process** – define
12. List potential **hazards** in the home setting
13. Explain role of **CNAs** in assisting with developing nursing interventions
14. List the changes of the **gastrointestinal system** and problems associated with
14. List some changes of the **genitourinary system** of both males and female
15. List changes of **integumentary system; explain functional changes**
16. **Inactivity** – list complications
17. Explain the benefits of **exercise**
18. List changes of the **respiratory system**
19. List the normal changes of the **cardiovascular system**
20. List age-related changes of **vision** and their **functional changes**
21. List the age-related change of **hearing** and **functional changes** in the elderly
22. Explain how the **nursing home** is described today (concept)
23. Explain how **nutritional intake** can be improved in the elderly
24. **Minimum Data Set (MDS)** – define
25. **Nursing Diagnosis** – define
26. **Ageism** – define
27. Explain why the elderly cannot be categorize as **all being the same**
28. List the **physiological theories** of aging
29. List the **psychological theories** of aging
30. Erik Erikson – **developmental stage of the elderly**
31. Explain importance of **ADLs** and **IADLs** for the elderly