

Study Questions for Chapters 30

1. Define the following:
Decongestant
Antitussive
Expectorant
Mucolytic
2. When are intranasal steroids used?
3. When would antihistamines be used? Why?
4. How would decongestants be determined if effective?
5. What medications would be used for motion sickness?
6. What teachings would be given to a patient using antihistamines?
7. When would antitussives be used?
8. When would expectorants be used?
9. How do mucolytics and expectorants differ?
10. What teachings would be done with nasal spray decongestants?
11. What is meant by rebound congestion?
12. What assessments would be done with a patient that has congestion?
13. What nursing diagnosis would be used with patients using medications for upper respiratory problems?
14. What patient teachings would be given for medications used for upper respiratory disorders?

15. Know about the following medications in the summary drug table:
beclomethasone, diphenhydramine, promethazine, cetirizine, loratadine,
fexofenadine, benzonatate, guaifenesin, acetylcysteine, dextromethorphan
16. What is the difference between first generation and second-generation antihistamines?